

How to Make a Rainstick Instrument

Supplies Needed:

- Sturdy cardboard tube such as a paper-towel, wrapping paper or cardboard tube from an aluminum foil roll
- Paint, crayons or markers
- Rubber bands
- Scissors
- Beads, rice, beans, or other material for inside the rainstick
- Yarn

Directions:

1. Paint, color or decorate a cardboard tube.

2. Cut out two circles from a large, paper grocery bag. We crumpled the paper to make it soft and look worn. We also cut some fringe around the outside of the circle.

3. Attach one circle to the end of your cardboard tube using a rubber band.

4. Experiment with different ways to fill your rainstick. If you fill it with rice, beans or pebbles it will sound like a typical rainstorm.

5. Once you're happy with the sound of your rainstick, secure the other paper circle to the opposite end using a rubber band.

6. Tie different colored pieces of yarn to each end.

